

Trinity Wholefoods

Product list April 2020

v1.0

www.trinitywholefoods.co.uk

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Here is our product list for Trinity Wholefoods to assist you in creating your order. Please use this as a rough guide to what we sell. Some of the items may be out of stock when you order.

Most (but not all) of our produce is organic. This information may be missing in the descriptions in this document, so please specify if you want organic. All of our fresh fruit and vegetables are organic.

There is an index to help you find what you want. The order of the items will make sense to those familiar with the shop as it mirrors each set of shelves.

Ricecakes / Gluten Free

Kallo Savoury Rice Cakes	110G
Added B12 Yeast Flakes	125G
Corn Cakes - No Salt	110G
Corn Cakes - Original	130G
Original Nutritional Yeast Flakes	125G
Original Rice Cakes (No.1)	130G
Ricecakes no salt	100G
Ricecakes with amaranth	100G
Ricecakes with quinoa	100G
Sesame Rice Cakes	130G
Unsalted Rice Cakes (No.2)	130G
Unsalted Rice Cakes - Thin Slice	130G
Black Sesame Rice Cakes	150G
Buckwheat Crispbread	120G
Chestnut Crispbread	125G
Chia Flax Chip Dippers	60G
Flax Herb Raw Crackers	90G
Gluten-free Oatcakes	213G
Gluten-free Super Seeded Oatcakes	180G
Nairn's Gluten Free Wholegrain Crackers	137G
No Added Salt or Sugar Buckwheat Crispbread	125G
Rice & Sunflower Seed Bread	500G
Teryaki Rice Cakes	150G
Coconut Flour	500G
Gluten-free Brown Bread Flour	1KG
Gluten-free Plain Flour (white)	1KG
Gluten-free Self-Raising Flour (white)	1KG
Gluten-free White Bread Flour	1KG
Gram Flour - gluten-free	1KG
Rice Flour (brown & white) - gluten-free	1KG
Teff Flour - wholegrain brown	500G
Almond Cookies	150G
Baking Powder - gluten-free	130G
Amisa ORG GF Olive Ciabatta	180G
Bicarbonate of Soda - gluten-free	200G
Cashew & Cranberry Nut Roast - gluten-free	200G
Chestnut Flour	500G
Dark Chocolate Rice Cake Thins	90G

Ooh-la-la ORG Coconut Cookie SHARE Bag T Bisc.	135G
Ooh-la-la ORG DoubChocHazel SHARE Bag T Bisc	135G
Ooh-la-la ORG Lemon Ginger SHARE Bag T Biscuit	135G
Xanthan Gum - gluten-free binder	100G
Brown Rice Penne	500G
Brown Rice Spaghetti	500G
Buckwheat Spirals	250G
Maize and Rice Fusilli	500G
Maize and Rice Penne	500G
Maize and Rice Spaghetti	500G
Vegetable and Rice Spirals	250G
Buckwheat Fusilli - 100%	500G
Buckwheat Pancake Mix	375G
Buckwheat Spaghetti - 100%	500G
Edamame Bean Spaghetti	200G
Falafel Mix	120G
Falafel Mix	200G
Gravy Mix - GF	200G
No-Egg (egg replacer) - GF	200G
Rice & Corn Lasagne Mini Sheets	200G
K.Soba ORG 100% Buckwheat Noodles GF	250G
K.Soba ORG Black Rice Noodles	250G
K.Soba ORG Brown Rice Noodles	250G
K.Soba ORG Millet/Br Rice Noodles GF	250G
K.Soba ORG Pumpkin Ginger Brown Rice Noodles	250G
K.Soba ORG Sweet Potato Buckwheat Noodles	250G
K.Soba ORG Thai Rice Noodles GF	250G
K.Soba ORG WAKAME Brown Rice Noodles	250G
Pad Thai Noodles - Fair Trade	250G
Suma Gluten Free Nut Roast Mix	340G
Vermicelli Noodles - Fair Trade	250G

Stock cubes

Marigold ORG Gravy Powder	110G
Reduced Salt Bouillon Vegan	150G
Reduced Salt Bouillon Vegan	500G
Super Engevita Flakes with Vit D & B12	100G
Vegetable Bouillon - Organic - vegan	150G
Vegetable Bouillon - Organic - vegan	500G
Bouillon Cubes	8P
Garlic & Herb Stock Cubes	611G
Low Salt Bouillon Cubes	8P
Vegetable Stock Cubes	611G
Yeast Free Bouillon Cubes	8
French Onion Stock Cubes	611G
Low Salt Vegetable Stock Cubes	611G
Mushroom Stock Cubes	611G
Tomato & Herb Stock Cubes	611G
Yeast Free Vegetable Stock Cubes	611G
Natex Original Savoury Spread - Yeast Extract	225G
Natex Reduced Salt Yeast Extract Savoury Spread	225G
Vecon - glass	225G
Vitam-R (yeast extract low salt)	125G
Yeast Extract	340G
Yeast Extract - no added salt	340G
Mixed Berries Oat Biscuits	200G
Nairns Dark Choc Chip Oat Biscuits	200G
Oatcakes	250G
Stem Ginger Oat Biscuits	200G
Super Seeded Oatcakes	200G
Croccantini	150G
Rye Crispbread	200G
Sesame Grissini	120G
Spelt Grissini	120G
Hen on The Gate Eggs	1/2 DOZEN

Baking / Flour

72 Firelighters - non toxic wood & veg oil	72
Aluminium Foil - 100% recycled - 12mx30cm	1
Heavy Duty Aluminium Foil - 100% recycled - 7mx40cm	1
Large Baking Cups - unbleached	60P
No4 Unbleached Coffee Filter cone-style - large	100P
Parchment Paper - unbleached - 19.8mx33cm	1
Sandwich Bags - Paper	48P
Carlin Peas	400G
Fava Beans (broad beans)	400G
Ginger Juice - sml	200ML
Gluten 500g	500G
Just Vege Ren	30ML
Nutrifare Cream of Tartar	100G
Rosewater	190ML
Suma Fresh Borlotti organic	400G
Suma Fresh Chickpeas Organic	400G
Suma Og Black Beluga Lentils	400G
Suma Vital Wheat Gluten 500g	500G
TRS Certo Pectin	250ML
VegeSet - alternative to gelatine	25G
Vitamin C - for bread improvement	120G
Allinsons Easybake Yeast 6	7GM
Baking Powder 250g	250G
Belgian Plain Chocolate Drops, Vegan	250G
Bicarbonate of soda 250g	250G
Carob Powder, Org	250G
Citric Acid	100G
Cornflour sifted (org) 500g	500G
Marzipan 500g	500G
Psyllium Husks, 100g	100G
Quick Dried Yeast - packet - gluten-free	125G
Vegetarian Suet 250g	250G
Brown Rice Flour	500G
Buckwheat Flour	500G
Chickpea Flour	500G
Polenta	500G
Potato Starch	500G
Quinoa Flour	500G
Tapioca Flour	500G

Corn Flour (maize flour)	500G
100% Wholewheat Flour	2.5KG
3 Malts & Sunflower Brown Flour	1KG
Einkorn Flour - English	1KG
Kamut "Khorasan" Flour - wholegrain	1KG
Rye Flour - wholemeal	1KG
White Rye Flour	1KG
White Spelt Flour	1KG
Wholegrain Buckwheat Flour	1KG
Spelt Flour - wholemeal	1KG
Fine Plain Wholemeal	1KG
Malthouse Flour	1KG
Pasta Flour - type "o"	1KG
Plain White Flour	1KG
Strong White Flour - unbleached	1.5KG
Strong Wholemeal Flour	1.5KG
White Flour Self-Raising	1KG
Lasagne Verde	250G
Spelt Penne - wholemeal	500G
Spelt Spaghetti - wholemeal	500G
White Fusilli with Spinach	500G
White Lasagne (no pre-cooking)	250G
White Linguine (Flat Spaghetti)	500G
White Spelt Penne	500G
Spelt Lasagne - wholemeal	250G
Spelt Fusilli - wholemeal	500G
Macaroni - wholewheat	500G
Polenta - gluten-free	500G
Spelt Pizza Bases - 2 pack	300G
White Fusilli Tricolore	500G
Wholewheat Fusilli	500G
Wholewheat Macaroni Penne	500G
Wholewheat Spaghetti	500G
Wholewheat Tagliatelle	500G
Extra Fibre Tortilla Wraps (6 wraps)	240G
Pumpernickel Bread	500G
Rye Bread	500G
Rye Golden Linseed Bread	500G
Vitality Rye Bread - sprouted seeds	500G
Soft Tortilla Wraps (6 wraps)	240G

Tinned vegetables / Sauces / Olives / Oil

Butter Beans	400G
Green Lentils	400G
Italian Black Chickpeas	400G
Red Kidney Beans	400G
Shiitake Mushrooms	50G
Suma Aduki Beans	400G
Suma Chickpeas	400G
Suma Mixed Beans	400G
Sweetcorn - easy open can	340G
TRS Chick Peas tinned	400G
Chilli Ketchup	480G
Essential Chopped Tomatoes, Org	400G
Essential Org Cherry Tomatoes	400G
Essential Whole Peeled Tomatoes, Org	400G
Essentials Passata	700G
Mr Organic No added Sugar Organic Ketchup	480G
Suma Organic Blackeye Beans	400G
Sun-dried Tomato Halves	250G
Sun-dried Tomatoes in olive oil & herbs	240G
Tomato Ketchup	285G
Tomato Puree - jar	200G
Tomato Puree in Tubes	200G
TRS Tomatoes, Plum Peeled tinned	400G
Baked Beans	400G
Baked Beans & Lincoln Veggie Sausage	400G
Baked Beans - Whole Earth	400G
Bonsan caesar dressing	325ML
Bonsan Garlic Aioli	235G
Brown Sauce - in glass	275G
Essential Org Baked Beans	400G
Garlic Egg-free Mayonnaise	315G
Hot Pepper Sauce (tabasco)	140ML
Suma Baked Beans and Vegan Burger	400G
Sweet Chilli Sauce	250ML
Vantastic Vegan Parmisan	60G
Worcester Sauce	140ML
Artichoke Hearts	200G
Dijon Extra Strong Smooth	200G
Essential Org Sauerkraut	460G

Essential Sauerkraut	350G
Horseradish Mustard	125G
Inspired Vegan horseradish sce	210G
Organic Plain Egg-free Mayonnaise - glass	315G
Original Egg Mayonnaise	325G
Plain Egg-free Mayonnaise	315G
Red Cabbage	350G
Whole Grain Cyder Vinegar Mustard	200G
Basil Vegan Pesto - lge	340G
Basil Vegan Pesto - sml	165G
Harissa - jar	210G
Harissa Chilli Relish	125G
Olive Chilli & Garlic Pasta Sauce (Sicilian)	360G
Ouse Valley Piccalilli	300G
Red Chilli & Ginger Hot Salsa	200G
Red Pepper & Balsamic Pasta Sauce (Milanese)	360G
Suma Organic Red Pesto - Vegan	160G
Vegan Pesto	120G
Vegetable Bolognese Pasta Sauce	360G
Wine & Porcini Pasta Sauce	360G
Black Olives Moroccan Marinade	280G
Capers in brine	240G
Green Olives - Pitted - in jars	225G
Green Olives in brine - jar	360G
Green Olives Jumbo - flatpack	450G
jumbo black olives	450G
Kalamon Olives Jumbo - flatpack	450G
Linghams Ginger, garlic & chilli sauce,	280ML
Org Sweet & Sour Gerkins	350G
Pitted Kalamon Olives - in jars	340G
Black Truffle Oil	100ML
Essential Sunflower Oil, Org	500ML
Extra Virgin Olive Oil, Org	500ML
Olive Oil Greek - Extra Virgin	500ML
Olive Oil Greek - Extra Virgin	1L
Olive Oil Greek Extra Virgin	1L
Olive Oil Greek Extra Virgin - tin	5L
Olive Oil Greek Extra Virgin 3ltr	3L
Palestinian Olive Oil - Fair Trade	500ML
Rapeseed Oil - do not heat	500ML
Sesame Oil Toasted	500ML
Sesame Oil, Org	500ML
Sunflower Oil - for Frying	500ML

Sunflower Oil - for Frying
Walnut Oil

1L
250ML

Asian / Soups / Vinegar

Agar Agar Flakes - Organic	28G
Arame	50G
Clearspring Atlantic Dulse	25G
Green Nori Flakes	20G
Hijiki	50G
Japanese Kombu	50G
Japanese Sea Vegetable Salad	25G
Kuzu Mountain Starch	125G
Nori - 10 sheets	25G
Organic Sushi Ginger	50G
Sushi Nori - Toasted - 7 sheets	17G
Sushi Rice - white	500G
Wakame - Organic	25G
Bio Shoyu Classic	500ML
Bio Tamari Classic	500ML
Brown Rice Vinegar	150ML
Braggs SMALL Liquid Aminos	473ML
Instant Noodle Broth	250ML
Japanese Tamari	150ML
Japanese Tamari	500ML
Liquid Aminos	250ML
Mikawa Mirin - sweet rice	150ML
Rayners Organic Coconut Aminos	250ML
Rice Mirin - non-organic	150ML
Sanchi Furikake (Sesame & Nori Condiment)	65G
Shoyu Soya Sauce Meridian	150ML
Shoyu Soya Sauce	150ML
Shoyu Soya Sauce Meridian	500ML
Shoyu Soya Sauce	500ML
Tamari	150ML
Tamari	500ML
Ume Plum Seasoning	150ML
Brown Rice Miso - Unpasteurised - jar	300G
Barley Miso - Unpasteurised - jar	300G
Barley Mugi Miso	200G
Brown Rice Amazake	380G
Brown Rice Miso - pouch	300G
Brown Rice Udon Noodles	200G
Pickled Daikon Radish	100G

Skinny Soba Somen Noodles	200G
Soba Noodles	200G
Sweet White Miso - packet	250G
Udon Noodles	200G
Wide Udon Noodles	200G
Yakso Egg Noodles	250G
Braised Tofu - canned	225G
Chilli Umami Paste	150G
Ginger Umami Paste	150G
Instant Miso Soup with Sea Vegetables	410G
Instant Tofu & Ginger Miso Soup	60G
K.Soba ORG Pumpkin Veg Mighty Miso Instant Soup	10G
Marigold Seitan Mock Duck	225G
Organic sea veg crispies	
Organic Wasabi Powder - resealable tin	25G
Red Miso Soup - instant	410G
Umeboshi Plums	200G
Wasabi-style horseradish paste - tubes	50G
White Miso Soup - instant	410G
Ferns Brinjal Pickle	380G
Ferns Garlic Pickle	380G
Ferns Hot Curry Paste	380G
Ferns Hot Mango Chutney	440G
Ferns Hot Mango Pickle	380G
Ferns Mango/Lime Pickle	380G
Ferns Mild Curry Paste	380G
Ferns Mild Lime Pickle	380G
Ferns Sweet Mango Chutney	440G
Green Masala Paste	380G
Green Thai Curry Paste	180G
Long Life Tofu - ambient	300G
Pataks Aubergine Pickle	312G
Red Thai Curry Paste	180G
Thai Yellow Curry Sauce	350G
Broccoli & Kale Soup	400G
Butternut Squash & Ginger Soup	400G
Carrot & Coconut Soup	400G
Chickpea & Vegetable Curry	400G
Free & Easy Middle Eastern Chickpea Casserole	400G
Minestrone Soup	400G

Pea & Mint Soup	400G
Pea Soup	
Sweet Potato & Chia Seed Soup	400G
Sweet Potato Coconut & Kale Curry	400G
Three Bean Chilli	400G
Tomato Soup	400G
Tuscan Bean Soup	400G
Vaal Dhal (broad beans in mild sauce)	400G
Apple Cider Vinegar With Mother	750ML
Avocado Oil	250ML
Balsamic Vinegar	500ML
Cider Vinegar - raw + the mother	750ML
Cyder Vinegar	500ML
Honegar - large	1L
Lemon Juice	250ML
Lemon Juice	1L
Lime Juice	250ML
Raw Apple Cider Vinegar (inc. the mother)	500ML
Rayners Organic Raw Apple Cider Vinegar with Mother	500ML
Rayners Organic Red Wine Vinegar with Mother	500ML
Rayners Organic White Wine Vinegar with Mother	500ML
Red Wine Vinegar	350ML
White Wine Vinegar	350ML
Braggs Apple cider vinegar 473ml	473ML

Drinks / Cooled oils

Big Tom - small bottles	250ML
Curiosity Cola - sml	275ML
Dandelion & Burdock - sml	275ML
Lemon Shandy - beer & lemonade	275ML
Rose Lemonade - sml	275ML
Traditional Ginger Beer - sml	275ML
Victorian Lemonade	275ML
GO! Kombucha - China White	250ML
GO! Kombucha - Darjeeling Black	250ML
GO! Kombucha - Golden Yunnan	250ML
Life Sparkling Water - small	500ML
Life Still Water - small	500ML
Lo Bros Ginger & Lemon Kombucha	330ML
Lo Bros Passion Fruit Kombucha	330ML
Lo Bros Raspberry & Lemon Kombucha	330ML
Apple & Crushed Ginger Juice	250ML
Carrot & Apple Juice	250ML
Chocolate Coconut Mylk	250ML
Coffee Coconut Mylk	250ML
Gusto Original Organic Energy	250ML
Oakwood Farm Apple Juice, Small	250ML
Sour Cherry Sparkling Water	270ML
Sparkling Passion Fruit Water	27CL
Beetroot Juice - Beet It - small - plastic	250ML
Cawston Dry ginger & lemon	250ML
D Biona ORG Pure Pomegranate Juice 200ml	200ML
Dalston's Orangeade 330ml CAN	330ML
Dalstons Light Sparkling Rhub	330ML
Lemonaid Ginger	330ML
Tart Cherry Juice - 100% - sml	200ML
Cola - cans	330ML
Cranberry - cans	330ML
Elderflower - cans	330ML
Ginger - cans	330ML
Karma Cola - can	250ML
Lemonade - cans	330ML
Willy's Apple Cider Vinegar Energy Drink	250ML
Fentimans naturally light tonic water	8X150ML
Fentimans valencian orange tonic water	

Glass Bottles Life Sparkling Water	750ML
Glass Bottles Life Still Water	750ML
Life Sparkling Water - large	1.5L
Life Still Water - 2 litre	2L
Udo's Choice Oil Blend	500ML
Daily Balance Oil - 3-6-9 Omega Extra	250ML
Pumpkin Seed Oil	250ML
Raynors Flax Seed Oil	250ML
Raynors Hemp Seed Oil	250ML
Rebel Kitchen ORG Raw Coco Water SMALL	250ML
Udo's Choice Super 8	30 CAPS
Fentimans Tonic Water	

Frozen food

Booja Hunky Punky Chocolate	500ML
Booja Hunky Punky Chocolate SM	110ML
Coyo Natural Coconut Ice-cream	500ML
Jollyum Passion & Chocolate	125ML
ORG Booja Caramel Pecan Praline	500ML
ORG Booja Caramel Pecan Praline	110ML
ORG Booja Choc SaltCarme	500ML
ORG Booja Raspberry Ripple	500ML
ORG BoojaVanillaM'Gorilla	500ML
Food Heaven Cool Vanilla	900ML
Food Heaven Juicy Raspberry	900ML
Food Heaven Wild Blueberry Iced Dessert	900ML
NaturalCool Berry Mix Org	300G
NaturalCool Blueberries Org	300G
NaturalCool Cranberries Org	300G
NaturalCool Raspberries Org	300G
Clive's ORG Arabian Chickpea Pie	1
Clive's ORG Creamy Mushroom Pie	1
Clive's ORG GLUTEN FREE Aloo Gobi Pie	1
Clive's ORG GLUTEN FREE French Cassoulet Pie	1
Clive's ORG GLUTEN FREE Lentil Olive Pie	1
Clive's ORG GLUTEN FREE Mushroom & Leek Pie	1
Clive's ORG Hungarian Goulash Pie	1
Lickalix Oh So Berry	75G
Lickalix Strawberry & Lemonade lolly	75G
Miir Salted Caramel Stick	70
Miir Vanilla & Peanut Butter Stick	70
Frys 2 Country Mushroom Pies	175G
Frys Chicken Style Nuggets	380G
Frys Hot Dog Sausages	360G
Frys Sausage rolls	400G
Frys Beef Style Chunky Strips	380G
Frys Chicken Style Strips	380G
Frys Crumbed Schnitzels	320G
Frys Meat Free Polony Slicing Sausage	500G
Frys Quinoa & Falafel Burgers	260G
Linda McCartney Scampi Bites	250G
Clives Organic Wholemeal Rough Puff Pastry	300G
Frys 4 Soy & Flaxseed Schnitzels	320G

Linda McCartney 6 Vegetarian Sausage Rolls	342G
VBites Vegan Pork Styl S.Rolls	350G
Veg.Choice Burgers	200GM
Veg.Choice Sausages	200GM
W/Fen Carrot & Coriander Sausg	280G
W/Fen Tomato & Garlic Sausage	280G
G/Life Spicy Bean Burger	454G
Goodlife Parsnip, Carrot & Nut Burger	320G
Natural Cool Green Beans	450G
Natural Cool Peas Organic - No longer Demeter	450G
NaturalCool Leaf Spinach Org	450G
One Planet Pizza 3 Cheese Margherita	426G
Clive's greek lentil and olive	
Miir Hazelnut	
Smooze singles (all flavours)	
Smooze boxes (all flavours)	
Fry's peppersteak pie	
Wicken Fen Mush Taragon	
Clives pastry	
Fry's curry pie	

Seeds / Sprouting

Sprouting Book – Raw route

Alfalfa Seeds 40G

Biosnacky Menopause Pack 4 PACKS

Mungbean Seeds 40G

Fitness Seeds 40G

Broccoli Seeds 30G

Red Clover Seeds 30G

Wellness Mix 40G

Also various Tamar seeds (courgettes) are available.

Cereals

Deluxe Muesli (Community Foods)	2KG
Barley Flakes	500G
Buckwheat Flakes - gluten free	500G
Malted Wheat flakes	500G
Malted Wheat flakes	250G
Rye Flakes	500G
Spelt Flakes	500G
Cereal Flakes - gluten-free	375G
Deluxe Muesli (Community Foods)	1KG
Deluxe Muesli (Community Foods)	500G
Infinity Mulberry and Walnut Muesli	325G
Gluten-free Rolled Oatflakes (Porridge Oats)	400G
Pumpkin Seed, Raisin & Almond Granola	312G
Coarse Oatmeal (Pinhead)	500G
Fine Oatmeal	500G
Honey & Hazel Crunch Granola	375G
Medium Oatmeal	500G
Oat Bran	500G
Wheat Bran	250G
Wheatgerm	500G
Wild Berry Crisp Granola - boxed	375G
"O's"	325G
Essential Date & Coconut Porridge	500G
Essential Org Fruit Crunch	500G
Essential Super Hi-Fibre Cereal	500G
Maple Sunrise	332G
Natures Path Mesa Sunrise	355G
natures path millet rice flakes	375G
Cornflakes - gluten-free	375G
Cornflakes - unsweetened	375G
Puffed Rice Natural	225G
Quinoa Pops	120G

Herbs / Salt

Bee Pollen Grains, 100g	100G
Bioforce Herbamare 125g	125G
Coarse Salt - bag	1KG
Eyebright	20G
Cinnamon, Fairtrade organic ceylon	25G
Fine Sea Salt - bag	1KG
Gomasio Shaker	100G
Herbamare - shaker	250G
Herbamare - spicy - shaker	125G
Himalayan Rose Pink Salt - coarse	500G
Maldon Sea Salt - carton	250G
Onion Powder	30G
Palestinian Za'atar - Thyme mix - jar	80G
Salt Mill - Himalayan Rose Pink Salt	200G
Sel de Gu?rande - Coarse	1KG
Smoked Maldon Sea Salt	125G
Smoked Sweet Paprika	75G
Allspice Whole	20G
Allspice, Ground	25G
Aniseed	20G
Arrowroot	20G
Asafoetida	25G
Basil, Org, 20g	20G
Bay Leaves, Org, 20g	20G
Black Cardamom Seeds	20G
Bouquet Garni Sachet	10G
Caraway Seeds, Org, 25g	25G
Cardamom, Green	10G
Cardamom, Ground	35G
Star Anise, Org, 25g	25G
Cayenne Pepper	35G
Celery Salt	30G
Celery Seed	50G
Chilli con carne Mix	20G
Chilli Flakes, Crushed, 50g	50G
Chilli Powder, Org, 25g	25G
Chillies, Whole Long	50G
Chinese Spice	25G
Chives, Org, 20g	20G

Cinnamon Quills	50G
Cinnamon, Org, 100g	100G
Cinnamon, Org, 25g	25G
Cloves, Ground	25G
Curry Powder, Madras	10G
Cloves, Whole Org, 25g	25G
Coriander Seed, Org, 25g	25G
Coriander, Ground, Org, 100g	100G
Coriander, Ground, Org, 25g	25G
Cumin Seed, Ground, Org, 25g	25G
Cumin Seed, Org, 25g	25G
Curry Leaves	25G
Curry Powder, Vindaloo	25G
Dill Weed, Org, 25g	25G
Garam Masala, Org, 25g	25G
Rogan Josh Curry Powder, 25g	25G
Curry Powder, Org, 25g	25G
Fajita Mix	35G
Fennel Seed, Org, 25g	25G
Fennel, Ground	40G
Fenugreek Seed	40G
Fenugreek Seed	40G
Galangal Cut, 30g	15G
Garlic Pepper, 20g	20G
Garlic Powder	40G
Ginger, Ground, Org, 25g	25G
Ground Fenugreek	40G
Herbs de Provence	20G
Italian Seasoning	25G
Juniper Berries	20G
Kelp Powder, Org	25G
Lemon Grass	15G
Liquorice Root	20G
Marjoram, Org, 20g	20G
Mint, Org, 25g	25G
Mixed Herbs, Org, 20g	20G
Mixed Spice, Org, 25g	25G
Mustard Powder, Org, 25g	25G
Mustard Seed, Brown, Org, 40g	40G
Mustard Seed, Yellow, Org, 40g	40G

Nutmeg, Ground	25G
Nutmeg, Whole, Org, 25g	25G
Onion Seeds, Black	25G
Oregano, Organic	20G
Black Pepper, Course Ground	100G
Green Peppercorns	25G
Paprika, Slovakian, Org, 25g	25G
Paprika, Smoked (Spanish)	25G
Parsley, Org, 20g	20G
Peppercorns, Mixed	25G
Peppercorns, Org, 100g	100G
Peppercorns, Org, 25g	25G
Peppercorns, Pink	20G
Peppercorns, White	25G
Pickling Spice	25G
Poppy Seeds, Blue	25G
Ras El Hanout, 20g	20G
Rosemary, Org, 20g	20G
Sage, Organic	20G
Slippery Elm Powder	100G
Slippery Elm Powder, 20g	20G
Sumac	40G
Tarragon	25G
Thai Seven Spice, 30g	30G
Thyme, Org, 20g	20G
TRS Tamarind Block	200G
TRS Tamarind Concentrate	200G
Turmeric ,Org,250g	250G
Turmeric, Org, 100g	100G
Turmeric, Org, 30g	30G
Vanilla Pods	1
Pink Himilian salt	

Beans / Pulses / Seeds

Alfalfa Seeds	125G
Milled Flaxseed Sunflower & Pumpkin	425G
VitaFlax - Milled Golden Flaxseed	500G
Chia Seeds	250G
Chia Seeds	500G
Sesame Seeds, Org	500G
Sesame Seeds, Org	250G
Beluga Lentils (black)	500G
Black Sesame Seeds - whole	250G
Blackeye Beans	500G
Hemp Seeds	250G
Hemp Seeds	250G
Hodemedod Organic Whole Fava	500G
Hulled Hemp Seeds Org	250G
Popping Corn	500G
Soup Mix (Pre-pack), Org	500G
Black Turtle Beans	500G
Aduki Beans	500G
Butter Beans	500G
Cannelini Beans	500G
Chickpeas	500G
Green Split Peas	500G
Haricot Beans	500G
Mung Beans	500G
Pinto Beans (light speckled kidney)	500G
Red Kidney Beans	500G
Soya Beans	500G
Shrop Sp Cran/oran/nut Stuffng	150G
Shrops Spice Chestnut Stuffing	150G
Stuffing Mix Apple & Sage	125G
Stuffing Mix Sage & Onion	125G
TRS Channa Dal	500G
TRS Moong Dal	500G
Yellow Split Peas	500G

Nuts

bioSnacky Glass Germinator	1
Cacao Paste 100g	100G
Cacao Powder, 250g	250G
Chestnut Puree - unsweetened	300G
French Chestnuts in Box	200G
Raw Cacao Butter - 100g	100G
Raw Cacao Butter - 250g	250G
Raw Cacao Powder	250G
The Sprouter - (single kit)	1
Pistachios - roasted & salted	250G
EXTRA Large Pecan Pieces	250G
Hazelnuts	250G
Hazelnuts	500G
Nut Mix	250G
Peanuts	500G
Pecans - halves	125G
Pine Kernels	125G
Macadamia Nuts	125G
Macadamia Nuts	250G
Bombay Mix, (Non Org)	500G
Bombay Mix, (Non Org)	250G
Fruit & Nut Mix	250G
Goji Berry Hi Energy Trail Mix	250G
Japanese Rice Crackers	250G
Omega Four Seed Mix	250G
Three Seed Mix (sunflower, pumpkin, pine)	250G
Trail Mix	250G
Country Veg & Cashew Nut Roast	200G
Essentials TVP Mince	250G
Granovita Nut Luncheon	420G
Nut Mix	500G
Pp Vegetarian Sausage Mix	350G
Soya Chunks	150G
Vegetarian Sausage Mix 1kg	1 KG
Pecan pieces 250g	
Mediterranean nut roast	
Burger mix 350G	

Dried / Tinned Fruit

Baobab - fruit pulp powder - sml tub single	80G
Hemp Protein Powder, Org, 500g	500G
Maca Root Powder	500G
Moringa Green Superleaf Powder - pouch - single	275G
Moringa Green Superleaf Powder - sml tub - single	100G
Spirulina Powder, Org 250g	250G
Barley Grass Powder, Org, 100g	100G
Bogoya Bananas	125G
Lucuma, Org,100g	100G
Maca Root Powder, Org, 100g	100G
Sun-dried Mango	100G
Sun-dried Pineapple	100G
Wheat Grass Powder, Org,100g	100G
Hunza Apricots	500G
Hunza Apricots	250G
Apple & Blueberry Puree	2100G
Apple & Mango Puree	2100G
Essential Org Apple Puree	700G
Mango Chunks in juice	400G
Preserved Lemons	700G
Tropical Fruits in juice	400G
Banana Chips	
Currants	250G
Essential Jackfruit	400G
Essential ORG Pineapple Chunks in Juice Can	400G
Sour Cherries - pitted	125G
Sour Cherries - pitted	250G
Stem Ginger in Syrup	330G
Candied Lemon Peel - retail - Italy	100G
Candied Orange Peel - retail - Italy	100G
Cranberries with Apple Juice	125G
Cranberries with Apple Juice	250G
Pitted Prunes	250G
Pitted Prunes	500G
Prunes Unsorbated	1KG
Prunes Unsorbated	500G
Queenswood Jumbo Raisins	375G
Mixed Vine Fruit	250G

Mixed Vine Fruit	500G
Clearspring jackfruit chunks 500G	
Sultanas 1KG	1KG
Sultanas 500G	500G
Sultanas 250G	250G

Grains / Nappies

1 - Mini Nappies (2-6kg)	20P
2 - Midi Nappies (5-8kg)	40P
3 - Maxi Nappies (7-11kg)	34P
4 - Maxi Plus Nappies (9-15kg)	34P
5 - Junior Nappies (15+kg)	31P
Amaranth Seed - (Now Indian)	500G
Arborio Rice - white	500G
Buckwheat Groats - certified gluten-free	500G
Kasha - Roasted Buckwheat - certified gluten-free	500G
Oat Groats	500G
Pot Barley	500G
Rye Grain	500G
Spelt Grain	500G
Wheat Grain	500G
Palestinian Hand-rolled Cous Cous (maftoul)	250G
Smoky Freekeh	250G
Wholegrain Freekeh	200G
Camargue Red Rice	500G
Wild Rice	250G
Black & White Risotto Mix (Venus & Arborio Rices)	500G
White Pudding Rice	500G

Sugar / Sweeteners / Honey / Spreads

Agave Nectar - Dark syrup	250ML
Coconut Blossom Nectar	350G
Date Syrup - glass	330G
Large Agave Nectar - Light syrup	500ML
Maple Syrup - Canada No.1 - glass	250ML
Natural Sweetness Dark	350G
Natural Sweetness Original	350G
Natvia Stevia Cannister NOW 300g	300G
Natvia Stevia Sweetener 40 Sticks SMALL BOX	40X2G
Pomegranate Molasses	250ML
Rice Syrup	350G
Small Agave Nectar - Light syrup	250ML
Stevia Powder - Guayapi (single)	50G
Total Sweet granulated sweetener - large	1KG
Total Sweet granulated sweetener - small	225G
Yakso Agave Syrup	250ML
Blackstrap Molasses	600G
Blackstrap Molasses - Fair Trade	350G
Blackstrap Molasses - non o/g	740G
Classic Rosehip Syrup	200G
Dark Muscovado Sugar	500G
Extra Light Granulated Sugar - Infinity Foods	500G
FairTrade Demerara Sugar	500G
Natural Golden Icing Sugar	500G
Organic Caster Sugar	500G
Organic Granulated	500G
Rapadura Whole Cane Sugar	500G
Raw Cane Sugar	500G
Suma coconut sugar	
Black Treacle	340G
Clear Latin America Honey	500G
Golden Syrup - FairTrade	340G
Green Valleys Forest Honey	400G
Green Valleys Linden Honey	400G
Local English Honey	454G
Malt Extract - non o/g	370G
Organic Barley Malt Extract	370G
Pear & Apple Spread	300G
Pure Honey - clear	340G

Raw Forest Honey - squeeze bottle	350G
Red Chilli Jelly	227G
Rice Malt Syrup	330G
Set Latin America Honey	500G
Zambian Forest Honey, Org (Clear)	380G
Zambian Forest Honey, Org (Set)	380G
Apricot Spread	284G
Bilberry Jam	310G
Bionova Blackberry jam	340G
Blackcurrant Spread	284G
Cherries & Berries Fruit Spread	284G
Cherry Spread	284G
Raspberry Spread	284G
Rosehip Jam	340G
Seville Orange Spread	284G
Strawberry Spread	284G
Thursday Cottage 3 Fruit Marmalade	454GM
Thursday Cottage Chunky Seville Orange Marmalade	454GM
Thursday Cottage Fine Cut Seville Orange Marmalade	454GM
Thursday Cottage Grapefruit Marmalade	454GM
Thursday Cottage Orange Marmalade Medium Cut	454GM
Wild Blueberry Spread	284G
100% Pure Coconut Butter	350ML
Black Olive Pate	120G
Classic Pate	200G
Coconut Cream	400ML
Coconut Milk Powder	150G
Coconut Oil - lge	690ML
Coconut Oil - sml	210ML
Essential ORG Coconut Milk	400ML
Essential ORG Creamed Coconut	200G
Ghee - clarified butter	350G
Green Olive Pate	200G
Herb & Garlic Pate	200G
Mushroom Pate in Tubes	200G
Pate - Cashew & Bell Pepper	130G
Savoury Herb Pate in Tubes	200G

Home / Washing / Sanitary

Cotton Soft Facial Tissues No Longer Organic	1XBOX
Cotton Wool Balls	100PCS
Cotton Wool Pads	100PCS
Cotton Wool Pleats	100GM
EcoLeaf Toilet Tissue	4ROLL
EcoLeaf Toilet Tissue	9ROLL
Jumbo Ecoleaf Kitchen Towels	1ROLL
Loof co [little washing up brush]	
loofah washing up pad	
LoofCo Bottle Brush	EACH
Night Time Pads	10
Nursing Pads	26
Regular Pads	14
Scrubbing Brush	EACH
Suma Ecoleaf Kitchen Towel(recycled)	2
Super Pads	12
Traidcraft Rubber Gloves	1 PAIRS
Washing up brush with handle	
Cotton Panty Liners	22
Cotton Wool Buds	200PCS
Curved Panty Liners	30
Ecoleaf Gfirt Liquid Hand Soap	500ML
Mistry's Neem Pessaries	6
Mooncup size A - larger	1P
Mooncup size B - smaller	1P
Regular Applicator Tampons	16
Regular Tampons	10
Regular Ultra Pads with Wings	14
Sanitising Hand Wash Fragrance Free	500ML
Sanitising Hand Wash Lime & Aloe Vera	500ML
Super Applicator Tampons	16
Super Tampons	10
Super Ultra Pads with Wings	12
72 Classic Dishwasher Tabs	72P
Bio-D Washing Up Liquid 750ml	750ML
Ecoleaf Conc Wash Up Liquid	500ML
Fabric Conditioner [ecoleaf]	1.5L
Fabric Conditioner [bio d green]	1L
Laundry Bleach	400G

Laundry Liquid [bio d blue]	1L
Laundry Liquid ecoleaf	1.5L
Lavender Laundry Liquid	1L
Sponge Cloths	1
Washing Up Liquid	1L
Borax Substitute	500G
Floor Cleaner with Linseed Soap	750ML
Home & Garden Sanitiser	750ML
Multi-Surface Sanitiser	750ML
Toilet Cleaner [ecoleaf]	750ML
Toilet Cleaner - with nozzle [bio d]	750ML
Bio D Bathroom Cleaner Spray	500ML
Black Bin Liners - 50% recycled	8BGS
Black Dustbin Liners - 100% degradable plastic	10BGS
D2w Pedal Bin Liners	30 BAGS
Ecoleaf Multi Surface Cleaner	500ML
Olive Oil Liquid Soap - Concentrated	1L
Bicarbonate of soda 1kg	1KG
Concentrated Washing Powder [bio d]	2KG
Degradable Nappy Sacks - box - No Fragrance	60BAGS
Dishwasher salt	2KG
Ecoegg	
Nappy Fresh - nappy sanitizer	500G
Soapnuts - single bag - 25 washes	250G
Wave Dishwasher Gel - Fragrance free - 38 wash	950ML
Fabric Conditioner [ecoleaf]	5L
Faith In Nature Dishwasher Gel	5L
Laundry Liquid [bio d]	5L
Laundry Liquid	5L
Laundry Liquid ecoleaf	5L
Washing Up Liquid [ecoleaf]	5L
Washing Up Liquid [bio d]	5L
Bio D Sanitizing handwash	5L
Sesi vinegar	
Ecozone rinse aid	
Fabric Conditioner [bio d]	5L
Soap nuts (150)	
Fabric Conditioner [bio d blue]	

Candles / Incense / Wall charts / Socks

Lunar Gardening Calendar and Year Planner	
Moonwise Calendar	EACH
Moonwise Diary 2020	EACH
Namaste Glass Metal T/L Hldr	EACH
Cedarwood & Amyris Votive 9cl Candle	1P
Cinnamon 20cl Aromapot Candle - single	1P
Citronella 20cl Aromapot Candle - single	1P
Gold, Frankincense & Myrrh Votive 9cl Candle	1P
Lavender Votive 9cl Candle	1P
Meditation Votive 9cl Candle	6
Orange & Clove 20cl Aromapot Candle - single	1P
Rosemary & Thyme 20cl Aromapot Candle - single	1P
Tea Tree & Geranium 20cl Aromapot Candle - single	1P
Ylang Ylang 20cl Aromapot Candle - single	1P
Ylang Ylang Votive 9cl Candle	1P
Yoga Chart	1
Cedarwood & Amyris Travel/Kitchen Candles	1P
Cinnamon Essential Oil Candles	22
Cinnamon Essential Oil Candles	33
Grapefruit Essential Oil Candles	22
Himalayan Cedarwood & Haiti Amyris Candles	22
Himalayan Cedarwood & Haiti Amyris Candles	33
Juniper & Pine Essential Oil Candles	22
Orange & Clove Essential Oil Candles	22
Patchouli Essential Oil Candles	33
Patchouli Essential Oil Candles	22
Ylang Ylang Essential Oil Candles	33
Burgundy Henna cream	70ML
Cedarwood & Amyris 20cl Aromapot Candle - single	1P
Dark Brown henna cream	70ML
Henna Powder	100G
Mahogany red cream	
Red Henna Cream	70ML
Spiritual Sky Henna Powder - Golden Blonde	100G
Spiritual Sky Liquid Henna - Golden Blonde	90ML
A Woman's Healing Chart	1NO
Essential Oils For Home Use Chart	1
Himalaya Incense Sticks Cedarwood	INDPCKT

Himalaya Incense Sticks Frankincense	INDPCKT
Himalaya Incense Sticks Jasmine	INDPCKT
Himalaya Incense Sticks Opium	INDPCKT
Himalaya Incense Sticks Patchouli	INDPCKT
Metromilan Incense Two in One	18
Natural Cleaning Solutions Chart	1
Natural First Aid Chart	1
Nutritional Wall Chart	1NO
Rainbow Food Activity Chart	1
Seasonal Fruit & Veg Chart	1
TRS Incense Sticks 3-in-1	
Filberts Gardeners Gift Set	EACH
Mix Narr Striped Socks:8-11	1
Mix Narrow Striped Socks: 4-7	1
Calcium Nutritional Poster	EACH
Egg Replacer Wall Chart	EACH
Fertility Wall Chart	EACH
Iron Nutritional Poster	EACH
Protein Nutritional Poster	EACH
Vegans Vitamins Wall Chart	EACH
What I Need Each Day Wall Chart	EACH

Coffee / Tea / Milk Alternatives / Juices

B&W seasonal blend coffee	200G
Barley Cup Original- lge	200G
Beans - Espresso - 5	227G
Coffee Beans - Dark City roast - 4	227G
Coffee Beans - decaffeinated - 3	227G
Coffee Beans - Medium roast - 3	227G
Colombia R&G Equidad - 4	227G
Italian Coffee R&G - 5	227G
Machu Picchu Decaf R&G 4	227G
Percol Americano - Compostable Packaging	200G
Barley Cup Original - sml	100G
Bioforce UK Ltd Bambu	100G
Cocoa Power - Essential 250G	250G
Dandelion Coffee - pouch	300G
Hot Chocolate - powder	400G
Instant Chicory	100G
Instant Coffee freeze dried - medium	100G
Instant Decaffeinated Coffee - Medium Arabica	100G
No.1 Blend - bag 54% cocoa drinking choc	300G
Nocaf	100G
Organic Barley Cup	100G
Wakecup	125G
Yannoh - instant	125G
Assam - loose	125G
Assam Tea Bags	50BGS
Breakfast 40 Tea Bags	40BGS
Breakfast Tea Loose	125G
Chocolate Spread - vegan	350G
Earl Grey Tea Bags - 50's	50BGS
Everyday Decaffeinated Tea Bags	40BGS
Everyday Tea Bags	80BGS
Hampstead Earl Grey Leaf Tea	100G
Hazelnut Chocolate Spread	400G
Higher Living Very Berry Tea Bags	15BAGS
Pomegranate Juice - 100% - lge	1L
Rooibos - Earl Grey	40BGS
Rooibos - Vanilla	40BGS
"Alternative to Milk" Chocolate Spread	275G
Chocolate & Coconut Cocobella	250G

Chocolate Spread - plain	275G
Organic Dark Chocolate Halva	75G
Organic Grape Juice & Sultana Halva	75G
Organic Halva with Coconut Syrup - Vegan	75G
Organic Honey Halva - Almond	75G
Organic Plain Halva	75G
Vego ORG Fine Hazel Crunchy Choc Spread	200G
Custard Powder - all natural	100G
Lemon Jelly Crystals - with sugar	85G
Nat Charm coconut whip cream	400ML
Nat Charm Condensed Coc Milk	320G
Nat Charm Evaporated Coc Milk	360ML
Natural Soya Drink - Unsweetened - sml	500ML
Oatly (dairy-free alt. to) Cream	250ML
Raspberry Jelly Crystals - with sugar	85G
Sojade Cuisine - Soya Cream	200ML
Soya alternative to single cream	250ML
Soya/Calcium Drink Powder - Instant	400G
Strawberry Jelly Crystals - with sugar	85G
Tropical Jelly Crystals - with sugar	85G
Almond Drink - lge - with agave syrup	1L
Chocolate Oat Drink with calcium & vitamins	1L
Coconut Milk - Nature sugar-free	1L
Foamable Oatly Oat Drink - barista-style	1L
Natural Almond Drink - no added sugar	1L
Oat Drink Enriched (calcium & vitamins)	1L
Oat Drink, Organic	1L
Original Coconut alternative to milk + Calcium - lge	1L
Rice Dream - Almond Hazelnut + calcium	1L
Rice Dream Calcium Enriched - lge	1L
Rice Dream Original - lge	1L
Vanilla Rice Dream	1L
Oat m*lk	1L
Plenish ORG Ambient Almond M*lk 7%	1LTR
Plenish ORG Ambient Cashew M*lk 6%	1LTR
Plenish ORG Ambient Hazelnut M*lk 5%	1LTR
Plenish ORG Ambient Oat M*lk	1LITRE
Provamel ORG Soy Sweetened NOW BLUE Calcium	1LTR
Provamel ORG Soy Unsweetened RED PROMO	1LTR
Sojade Chocolate Soya Drink	1LT

Soya + Apple Juice & Calcium	1L
Soya alternative to milk	1L
Unsweetened Almond Drink	1L
Vanilla Soya Drink	1L
Biona ORG Carrot Juice 1ltr	1LTR
Bonsoy	1L
Cranberry Juice - sweetened	750ML
Cranberry Juice -100% - lge	750ML
Creamy Good Hemp alt to milk	1L
Oakwood Farm Apple Juice, 1ltr	1LTR
Orange Juice	1L
R/Health ORG GF Tiger Nut Drink	1 LTR
Sproud Barista Pea Milk	1 LTR
Sproud Original Pea Milk	1 LTR
Tart Cherry Juice - 100% - lge	1L

Herbal / Green Tea

20 bag Peppermint Infusion	20BGS
Clipper Organic Dandelion Teabags	20BAGS
Genmaicha Tea Bags 2.5g - boxed	20BGS
Green Chai Tea Bags	20BGS
Green Tea - loose - Fair Trade	100G
Green Teabags - 50's	50BGS
Hemp Flower Tea 15G	15G
Hemp Flower Tea 30G	30G
Kukicha Tea Bags 2g - boxed	20BGS
Liquorice Infusion	20BGS
Nettle & Peppermint Infusion	20BGS
Nettle Infusion	20BGS
Raspberry Leaf Infusion	20BGS
Sachet Powder Matcha Green Tea - Premium grade	40G
Sencha Green Tea Bags 2g - boxed	20BGS
20 bags Chamomile Infusion	20BGS
26 bag White Tea Bags	26BGS
Green Tea Bags	25BGS
Green Tea Bags Detox	25BGS
Green Tea Bags with Ginger	25BGS
Green Tea Bags with Ginkgo Biloba	25BGS
Green Tea Bags with Jasmine	25BGS
Green Tea Loose (Chun Mee)	100G
Matcha Green Tea Bags	20BGS
Qi Organic Gunpowder Loose Tea	100G
White Tea Bags with Raspberry	26BGS
Cape Malay Rooibos Chai Bags	20BGS
Green Rooibos Tea Bags	40BGS
Hambleden ORG LOOSE Lemon Verbena Tea	20G
Hibiscus Tea	20BGS
Indian Chai Tea Bags	20BGS
Redbush Tea Bags - Ige	80BGS
Rooibos Tea Bags - New!	40BGS
Rooibos Tea Bags - New!	80BGS
Rooibos Tea Loose	100G
Tulsa Brahmi Teabags Organic	25BAG
Tulsa Original Teabags Organic	25BAG
Cocoa & Chilli	15BGS
Echinacea Tea	20BGS

Heath & Heather Sage Lemon Myrtle Org	20 BAGS
Hampstead Honeybush & Vanilla	20 BAGS
Hampstead Lavender Valerian	20 BAGS
Heath & Heather Dandelion Burdock Hawthorn	20BAGS
Heath & Heather Root Remedy	20BAGS
Higher Living Cinnamon Tea	15BGS
Higher Living Ginger Kick Tea	15BAGS
Joy Rosehip Hibiscus - Fairtrade	20BGS
Liberate Lemon Ginger	20BGS
Yogi Org Turmeric chai Teabags	17 TEA BAGS
Black Chai Yogi Tea	17BGS
Classic Blend Yogi Tea	17BGS
Dragonfly ORG Moonlight Jasmine Bags	20
Golden Himalaya Darjeeling Tea Bags	20BGS
Licorice Mint	17BGS
Moroccan Mint Green Tea Bags	20BGS
Sweet Chai Yogi Tea	17BGS
Sweet Chili Mexican Spice Yogi Tea	17BGS
Yogi ORG Rooibos (African Spice) Teabags	17
Bedtime Tea	17BGS
Breathe Deep Tea	17BGS
Detox Tea	17BGS
Echinacea Tea	17BGS
Ginkgo Plus	15BGS
Green Balance Tea	17BGS
Green Energy Tea	17BGS
Immune Support	17BGS
Licquorice Blend Yogi Tea	17BGS
Relax Tea	17BGS
Stomach-Ease Tea	17BGS
Throat Comfort Tea	17BGS
Triple Ginseng Plus	15BGS
Valerian Plus	15BGS
Women's Energy Tea	17BGS
Yogi Ginger Lemon Tea	17BGS
Yogi ORG Himalaya Teabags	17
Yogi ORG Lime & Mint Teabags	17
Bengal Spice Tea Bags	20BGS
Chamomile Flowers	100G

Dandelion Root, 100g	500G
Hibiscus, Whole flower	100G
Lemon Verbena Tea Bags	20BGS
Limeflower Tea	20BGS
Marigold Flowers, loose, 100g	100G
Raspberry Leaf	100G
Senna Pods	100G
Sleepytime Tea Bags	20BGS
Apple & Crushed Ginger Juice	750ML
Beetroot Juice - Beet It - large - glass	750ML
Blackcurrant Squash	740ML
Ginger Beet It - glass	750ML
Ginger Cordial	500ML
GO! Kombucha - Green Sencha	750ML
GO! Kombucha - Red Pu-erh	750ML
Gran Stead's Ginger Dark & Mellow	750ML
Gran Stead's Light & Fiery Ginger - reduced sugar	750ML
Gran Stead's Spiced Ginger Punch	750ML
Lemon Squash	740ML
Orange Squash	740ML
Passion Fruit Beet It - glass	750ML
Fennel	
Ginseng	
Roobios Green Trea 40's	

Nut butters / Tahini / Fruit Loaves / Biscuits

Bulk Peanut Butter Crunchy 100% - plastic	1KG
Bulk Peanut Butter Crunchy salted - plastic	1KG
Bulk Peanut Butter Smooth 100% - plastic	1KG
Bulk Peanut Butter Smooth salted - plastic	1KG
Dry Roasted Crunchy Peanut Butter	280G
Peanut Butter Crunchy no salt	700G
Peanut Butter Crunchy salted	700G
Peanut Butter Smooth no salt	700G
Peanut Butter Smooth salted	700G
Raw Apricot Kernel Butter	170G
Raw Brazil Nut Butter	170G
Raw Cashew Butter	250G
Raw Chocolate Amazing Almond Spread	250G
Raw Hazelnut Butter	250G
Raw Hempseed Butter	170G
Raw Macadamia Nut Butter	170G
Raw Mixed Seed Butter	250G
Raw Premium Pumpkinseed Butter	250G
Raw Sunflower Seed Butter	250G
Raw Walnut Butter	170G
Small Raw Whole Almond Butter	250G
Light Tahini	280G
Light Tahini, Org	350G
Merid PN Butter Smooth 100%No Salt	280G
Meridian Peanut Butter Crunchy salted	280G
Peanut Butter Crunchy	340G
Peanut Butter Crunchy 100% - glass	280G
Peanut Butter Crunchy salted	280G
Peanut Butter Smooth	340G
Peanut Butter Smooth Salted	280G
Peanut Butter Smooth salted - glass	280G
Smooth Almond Butter 100%	170G
Smooth Almond Butter 100% - tub	454G
Smooth Cashew Butter 100%	170G
Org Whole Tahini	280G
Peanut Butter Crunchy no salt	340G
Peanut Butter Crunchy salted	340G
Peanut Butter Smooth no salt	340G
Peanut Butter Smooth salted	340G

Raw Black Sesame Tahini	250G
Raw Tahini Dark	250G
Raw Tahini Light - small	250G
Sesame Spread with Cocoa	300G
Sunita Dark Tahini	350G
3 Grain + 3 Seed Crispbread	200G
Classic Wheat Crispbread	200G
Digestive Biscuits - lge	400G
Digestive Biscuits - sml	200G
Emmental Cheese & Pumpkin Crispbread	200G
Fruity Oat Digestive	200G
Ginger Oat Biscuits	200G
Hazelnut Syrup Waffles	175G
Maple Syrup Waffles	175G
Mrs Crimble's Stem Ginger Cake	LOAF
Spelt & Emmental Cheese Crispbread	200G
Spelt Seeded Crispbread	200G
Canabiscuits - hemp & raisin	240G
Chocolate Chip & Orange Cookies	240G
Everfresh Sprouted Wheat Bread With Fruit	400GM
Malted Raisin Loaf	290G
Peanut Butter Crunchy 100%	280G
Raisin & Coconut Cookie	240G
Sprouted Spelt Raisin Bread	400G
Sprouted Wheat Bread	400G
Blueberry Juice - 100%	330ML
Cranberry Juice - 100% - sml	330ML
Elderberry Juice - 100%	330ML
Lijat Poppadums Garlic	200G
Lijat Poppadums Red Chilli	200G
Sprouted Rye Bread	400G
Sprouted Spelt Bread	400G

Wine / Beer / Spirits

Bousquet Brut Sparkling Chardonnay	750ML
Da Mhile Cucumber Vodka	70CL
Heaven On Earth Muscat	37.5CL
Juniper Green Org Dry Gin	70CL
Papagayo Golden Rum	70CL
Sedl. rose Gem o' Weald	75CL
Sedlescombe Dry White	
Cairn Berry Christmas	75CL
DOC Pinot Grigio Spumante Extra Dry	
DOC Treviso Prosecco Frizzante Bianco	
IGP Pays d'Oc ZE Ros,	
IGT Marca Trevigiana Pinot Grigio (No Added Sulphur) 12%	
Las Ninas MERLOT	
Meinklang Pinot Noir Frizzante Prosa	
Cabernet Sauvignon (No added sulphur)	
Finest Reserve Port 20%	750ML
Merlot (No Added sulphur)	
Pinotage (No Added Sulphur)	750ML
Proemio Cabernet Sauvignon	
Stellar White (No Added Sulphur)	
Wild Thing Merlot	
Wild Thing Rose	75CL
Wild Thing Sauvignon Blanc	
DO La Mancha (No Added Sulphur) Toscar Tempranillo	
DOCG Chianti When We Dance	
Hoopoe Chardonnay Grillo	75CL
Hoopoe Merlot Cabernet Sauvignon	75CL
Hoopoe Nero D'avola Syrah	75CL
Organic Roots Bianco	
Organic Roots Blanc	
Organic Roots Rosso	
Wild Thing Prosecco Flip-Top	
Budels Lager	330ML
Fire Fly Chenin Blanc	250ML
Mini Firefly Shiraz	250ML
Oakwood Farm Organic Cider	1LTR
Oakwood Farm Organic Cider, Small	250ML
Oakwood Farm Organic Perry	1LTR
Penumbra Stout Og	500ML

Samuel Smith Organic Lager 5% 24 x 55cl
Suma Long Wall Mouse Blonde Og
Organic Roots Rouge

550ML
500ML

Chocolate

Around Midnight Espresso Truffles	104G
Booja Booja Almond Salted Caramel Truffles	104G
Fine de Champagne Truffles	138G
Hazelnut Chocolate Truffles	104G
Coconut & Raspberry Sao Tome Dark Bar 66%	85G
Coffee Espresso Dark Bar - 58%	85G
Cornish Sea Salt Ecuadorian Dark Bar - 70%	85G
Lemon, Ginger & Pepper Dark Chocolate 55%	100G
Pernigotti Gianduiotto Bar	100G
Very Dark Chocolate 71%	100G
Absolute Black - 100%	100G
Milk with Chilli & Lime Bar	100G
Montezuma Like No Udder Orange	100G
Sea Dog - Dark with Lime & Sea Salt	100G
Spice It Up - Dark with Ginger	100G
Dark Chocolate Bar - Chilli	100G
Dark Milk with Butterscotch	100G
Dark/Milk Chocolate - 54%	100G
Lordy Lord - Dark with Cocoa Nibs	100G
Montezumas Absolute Black With Orange Oil & Cocoa Nibs	100G
Smooth Milk Chocolate	100G
Very Dark (73%) Chocolate	100G
Vivani ORG Cassis Filled Dark Choc	100G
Vivani ORG Peppermint Dark Choc	100G
Dark Chocolate Bar - Orange & Geranium	100G
iChoc ORG Choco Cookie Rice Choc	80G
iChoc ORG Classic Rice Choc (Was Milkless)	80G
iChoc ORG Vanilla White Rice Choc	80G
Vivani ORG Almond Dark Choc	100G
70% Dark Chocolate	100G
Dairy Free Chocolate Drops - Pouches	175G
Ginger & Orange Dark Chocolate - 70%	100G
Mint Dark Chocolate - 70%	100G
Raspberry Dark Chocolate	100G
Dark Chocolate 87%	80G
Fairtrade Dark 67% sweetened with coconut blossom	80G
No Added Sugar Alternative to Milk Chocolate	100G
No Added Sugar Chocolate with Shelled Hemp	70G
No Added Sugar FT Dark Thin 72% Chocolate	80G

White Chocolate Alternative	70G
Booja Gourmet selection	230G
Divine 85%	
Vivani creamy caramel	40G

Soap / Shampoo Bars / Hand Wash / Shower Gel

Citrus Reed Diff Refill	50ML
Orange Clove Reed Diff Refill	100ML
Organic Cotton Muslin Cleansing Cloth	60X60
Rattan Reed Bundle	
Reed Diffuser Citrus Tonic	50ML
Reed Diffuser Orange,Clove.Cinnamon	50ML
Reed Diffuser Relaxing	50MLO
Reed Diffuser Rhubarb & Ginger	50ML
Relaxing Reed Diff Refil	100ML
Rhubarb Reed Diff Refill	100ML
Bloom Cleansing Milk - Bergamot & Lavender	200ML
Kiss it Better Cream	50ML
Olivo Cleansing Milk, Geranium & Lavender	200ML
Radiance Plus face Cream - Rose & Geranium	50ML
Think East Face Scrub	100ML
Friendly Natural Travel Soap	
Friendly Shampoo Bar Lav/Geran	95G
Friendly Shave Bar	95G
Patchouli & Hemp Soap	95G
Suma Bergamot & Green Tea	95G
Suma Cinamon & Orange	95G
Suma Lavender & Lime Soap	95G
Coconut & Argan Oil Shampoo Bar	90G
Day & Night Cream - Rosa Mosqueta	50ML
Hair Conditioner Bar - Coconut	95G
Hair Conditioner Bar - Rose & Geranium	90G
Radiance Plus Face Cream Bergamot & Lavender	50ML
Rosa Mosqueta Oil - sml	20ML
Shampoo Bar - Patchouli	90G
Skin Superfood Face, Hand & Body Cream	
Castor Oil	100ML
English White Clay	50G
Evening Primrose Oil	50ML
French Green Clay	50G
Shea Butter Organic	80G
Hand Wash - Aloe Vera & Tea Tree	300ML
Hand Wash - Coconut	300ML
Hand Wash - Lavender & Geranium	300ML
Hand Wash - Seaweed	300ML

Spray Conditioner - Coconut	250ML
Aloe Vera Shower Gel & Foam Bath	400ML
Coconut Shower Gel & Foam Bath	400ML
Fragrance Free Shower Gel & Foam Bath	400ML
Friendly Shampoo Bar Lav/Tea	
Lavender & Geranium Shower Gel & Foam Bath	400ML
Seaweed Shower Gel & Foam Bath	400ML

Oils / Liquid Soaps / Skincare / Deodorant / Shampoo / Conditioner

(1/4 case) Lavender & Coconut Lotion	236ML
Baby Mild Unscented Liquid Soap (1/4 case)	236ML
Cold Pressed Avocado Oil	100ML
Cold Pressed Jojoba Oil	100ML
Cold Pressed Sweet Almond Oil	100ML
Cold Pressed Wheatgerm Oil	100ML
Dr Bronner's Almond Castile Liquid Soap	237ML
Dr Bronner's Hemp Rose Liquid Soap	237ML
Dr Bronners Castille Soap	8 FL OZ
Eucalyptus Liquid Soap (1/4 case)	236ML
Green Tea Liquid Soap (1/4 case)	236ML
Lavender Hand Sanitiser	60ML
Lavender Liquid Soap (1/4 case)	236ML
Lavender Water	100ML
Peppermint Liquid Soap (1/4 case)	236ML
Rose Liquid Soap	60ML
Rose Liquid Soap (1/2 case)	472ML
Rose Water - Maroc	100ML
Tea Tree Liquid Soap (1/4 case)	236ML
Witchazel Water	100ML
Almond Soothing Cleansing Lotion - Vegan	75ML
Almond Soothing Facial Cream£5off	30ML
Almond Soothing Facial Oil	50ML
Citrus£5 BodyWash	200ML
Lavender£5BodyWash	
Pom BodyWash	
Rejuvenating Facial Wash	150ML
Sea Buckthorn Hand Cream	50ML
SeaBuck£5 BodyWash	
Skiin Food Light	30ML
Skin Food - large	75ML
Skin Food - small	30ML
Urtekram Body Scrub - Purple Lavender	150ML
Weleda Revitalising Hair Tonic With Rosemary	1X100ML
Weleda Sea Buckthorn Body Oil	100ML
Wild Rose Smoothing Day Cream	30ML
Wild Rose Smoothing Night Cream	30ML
WildRose£5 BodyWash	
Aloe Vera Soap	100G

Bulk Olive Oil Soap	600G
Coconut Soap	100G
Fragrance Free Soap - with Seaweed	100G
Lavender Soap	100G
Lavender Soap Bar	140G
Oleanat Soaps, Loose	EACH
Olive Oil Soap	125G
Rose Soap Bar	140G
Suma Soaps, Loose	EACH
Tea Tree Soap	100G
Aloe Vera & Chamomile Roll-On Deodorant	50ML
Aloe Vera & Green Tea Roll-On Deodorant	50ML
Basis Sensitive Deodorant Spray	75ML
Crystal Deodorant - No Perfume - roll-on	50ML
Crystal Deodorant - Rose - roll-on	50ML
Crystal Deodorant Spray for Men	100ML
Natural Push Up Stick Deodorant	100G
Natural Spray Deodorant	100ML
Push-up Deodorant	100G
Roll-On Crystal Deodorant for Women	50ML
Sage Deodorant - Spray - Vegan	100ML
Salt of the earth ' Pure Aura'	100ML
Salt of the earth 'Rock Chick' deodorant	90G
Salt of the Earth Deod Spray	100ML
Salt of the Earth Deodorant	90G
Salt of the Earth Rock Chick Strawberry	100ML
Salt of the Earth Stick Boxed	75G
Salt of the Earth Travel Deodorant	50G
Travel spray, Salt of the Earth	50 ML
UrteKram Organic Coconut Cream Deo	50ML
Weleda Citrus Deodorant 100ml	100ML
Weleda Mens Roll On Deodorant	50ML
Wild Rose DeoFreeWash	
Calendula Lotion	200ML
Calendula Nappy Change Cream	75ML
Chamomile Shampoo/Bodywash	250ML
Cleansing Gel - Vegan	125ML
Hand Cream - No Perfume	75ML
Hand Cream - Rose	75ML
Lavender Shampoo/Bodywash	250ML

Mistry's Aloe Vera Jojoba Shampoo	200ML
Mistry's Calendula Ginseng Aloe Vera PABA Lotion	200ML
Mistry's Natural Liquid Soap with Vitamin E	200ML
Mistry's Tea Tree Shampoo/Conditioner (Two in One)	250ML
Moisturising Face Cream	50ML
Soap Bar - no perfume	100G
Urtekram Green Matcha Body Milk	245ML
Urtekram Nordic Hand Cream	75ML
Urtekram ORG No Perfume Body Lotion	245ML
Weleda Baby Calendula Moisturising Body Cream	75ML
Conditioner - Aloe Vera - regenerating	180ML
Conditioner - Camomile - blond hair	250ML
Conditioner - No Perfume - normal hair	180ML
Conditioner - Purple Lavender	180ML
Liquid Hand Soap - No Perfume	380ML
Nordic Birch Conditioner	180ML
Nordic Birch Shampoo Dry Hair	250ML
Nordic Birch Shampoo Normal Hair	250ML
Shampoo - Aloe Vera - normal hair	250ML
Shampoo - Camomile - blond hair	250ML
Shampoo - Lavender - normal hair	250ML
Shampoo - Nettle - dandruff	250ML
Shampoo - No Perfume - normal hair	250ML
Shampoo - Rose - normal hair	250ML
Shower Gel - No Perfume	500ML
Urtekram Green Matcha Conditioner	180
Urtekram Green Matcha Shampoo	250ML
Urtekram ORG Conditioner Rose	180ML
Aloe Vera Conditioner	400ML
Aloe Vera Shampoo	400ML
Coconut Conditioner	400ML
Coconut Shampoo	400ML
Grapefruit & Orange Shower Gel & Foam Bath	400ML
Hemp & Meadowfoam Conditioner	400ML
Hemp & Meadowfoam Shampoo	400ML
Jojoba Conditioner	400ML
Lavender & Geranium Conditioner	400ML
Rosemary Conditioner	400ML
Rosemary Shampoo	400ML
Seaweed & Citrus Conditioner	400ML

Seaweed & Citrus Shampoo	400ML
Tea Tree Conditioner (2% oil)	400ML
Tea Tree Shampoo (2% Oil)	400ML
Tea Tree Shower Gel & Foam Bath	400ML
Salt of the Earth	1L
Salt of the Earth Aura	500ML
Weleda full price body	
Dr Bronner Citrus	237ML
Dr Bronner Baby	237ML
Dr Bronner Rose	237ML
Oleanat Soaps, Packs	
Mistry's Chamomile Shampoo	
Castille soap bars	

Chilled counter food / Saffron

Palestinian Medjoul Dates - with stone - fairly traded	250G
Topas ORG CHORIZO Spacebar	40G
Topas ORG HEMP Spacebar	40G
Living Food Goji & Pumpkin Seed Raw Choc Pie	60G
Living Food Raw Choc Pie Pink Himalayan Salt	60G
Booja ORG Espresso Choc	69G
BoojaCHILLEDORG TruffleAlmond Caramel 2PackC 21	2
Choc Pie Co CARDAMOM Chocolate	60G
Saffron	1G
Booja chilled orig choc hazelnut 2 pack	
Biona lollies single	

Essential Oils

Basil Sweet	10ML
Benzoin	10ML
Bergamot	10ML
Black Pepper	10ML
Cedarwood	10ML
Chamomile Blue (5% Dilution)	10ML
Citronella	10ML
Clary Sage	10ML
Clove Bud	10ML
Cypress	10ML
Eucalyptus Globulus	10ML
Java Citronella Essential Oil	10ML
Fennel Sweet	10ML
Frankincense	10ML
Geranium	10ML
Ginger	10ML
Grapefruit	10ML
Jasmine (5% Dilution)	10ML
Juniper Needle	10ML
Lavender Oil	10ML
Lemon	10ML
Mandarin	10ML
Marjoram Spanish	10ML
Myrrh	10ML
Neroli (5% Dilution)	10ML
Palmarosa	10ML
Patchouli	10ML
Peppermint	10ML
Petitgrain	10ML
Pine Needle	10ML
Rosemary	10ML
Sandalwood (5% Dilution)	10ML
Chamomile Roman	10ML
Spanish Sage	10ML
Tea Tree	10ML
Thyme White	10ML
Ylang Ylang 1	10ML

Rescue Remedy / Lip Balm

Bach Flower Chicory	20ML
Bach Flower Mimulus	20ML
Bach Flower Mixing Bottles	30ML
Spirit of Hemp CBD Oil Life Force	10ML
Bach Flower Vervain	20ML
Dr Bronner's Naked Lip Balm	EACH
Liquorice Juice Sticks	EACH
Orange Ginger Lip Balm	4G
Rescue Remedy Drops 10ml	10ML
Rescue Remedy Spray 7ml	7ML
Yaoh Lip Balm Mix (of the five flavours)	4G
Rescue Spray 20ml	

Vitamins / Supplements / Sun Cream / Dental Care

Alba Botanica Hawaiian Sun Cream spf15	133ML
Alba Botanica Hawaiian Sun Cream spf45	113G
Biogenic Aloe Vera Juice 99.7% - small	500ML
Eden Sun Stick 50SPF	30G
Eden Sunscreen 30 SPF	150ML
Green Valley AfterSun	
Lifeplan Aloe Vera Gel	1X200ML
No Scent Children's SPF30 Sun Lotion	150ML
Nuun Active Lemon & Lime Tabs	52G
Premier Health Brewers Yeast, 300mg	300 TABS
SPF 15 Sun Lotion - tan accelerator	200ML
SPF 30 Sun Lotion - no scent	200ML
Udo's Digestive Enzyme Blend	60 CAPS
Yaoh Sunblock 25	200ML
Cranberry Berry Extract	30
Enhanced Rhodiola Complex	30
Evening Primrose Oil 500mg	90 CAPS
Ginkgo Biloba Leaf Extract	60
Glucosamine with MSM	30
Grapefruit Seed Extract 400mg	30
High Potency Digestive Aid	30
Joint Complex	30
Olive Leaf Extract	90
Organic Garlic 500mg	30
Organic Milk Thistle 400mg	30
Organic Turmeric 400mg	30
Organic Turmeric 400mg	90
Selenium 200ug	30
Synbiotic Children's Powder	50G
Synbiotic Daily	30
Synbiotic Daily	90
Vega Calcium + Vitamin D	30
ViridiKid Multivit & Min Mini	90
B Complex Co Enzyme	
Balanced Iron Complex	30
Balanced Zinc Complex	30
Calcium Mag with Boron Powder	150G
Calcium Mag with Zinc Powder	100G
Co-enzyme Q10 30mg with MCT	30

Ester C 950mg	30
Ester-C 550mg	30
HIGH FIVE B-Comp/Mag Ascorbate	30
HIGH FIVE Multivit & Min Form	30
HIGH FIVE Multivit & Min Form	90
High Potency Magnesium	30
High Potency Vitamin B12	60
HIGH SIX Vit B6 with B-Comp	30
HIGH SIX Vit B6 with B-Comp	90
HIGH TWELVE Vit B12/B-Comp	30
Magnesium Citrate with B6	30
Natural Vitamin E 400IU	30
Quercetin B5 Plus Complex	60
Vitamin D3 (Vegan) 2000iu	60
Aesculus hippocastanum	50ML
Agnus castus THR	50ML
Avena sativa	50ML
Devil's Claw	50ML
Dormeasan Valerian-Hops oral drops	50ML
Dormeasan Valerian-Hops oral drops	15ML
Ginkgo biloba	50ML
Hawthorn Crataegus	50ML
Hawthorn Garlic Caps	90CAPS
Luffa Complex	50ML
Menoforce Sage Tablets	30TABS
Menosan (Sage)	50ML
Menosan Menoforce Support	60 CAPS
Milk Thistle Complex	50ML
Natures Own Cherry C Wholefood	1X30CAPS
Siberian Ginseng	50ML
Stress Relief Daytime	50ML
Stress Relief Daytime	15ML
Uva Ursi Complex	50ML
Weleda 30 Pot. Arnica	1X125TAB
Weleda Chamomilla 3X Granules	1X15G
Bioforce Echinaforce	50ML
Bronchoforce Ivy Complex oral drops	50ML
Echinacea Lozenges (Wrapped)	30G
Echinaforce Chewable Cold & Flu Tablets	80TABS
Echinaforce Echinacea Drops	100ML

Echinaforce Echinacea Tablets	120TABS
Echinaforce Forte Cold & Flu Tablets	40TABS
Echinaforce Hot Drink	100ML
Echinaforce Sore Throat spray	30ML
Eye Drops	10ML
Kelp Tabs	240TABS
Pollinosan Nasal Spray	20ML
Pollinosan Tablets THR	80TABS
Ricola Soothe Clear Herb Lozenges	75G
Sambucol for Kids	120ML
Sambucol Original Liquid Sweetened	120ML
Weleda Hayfever Relief Oral Spry	20ML
Weleda Herb Honey Elixir 100ml	100ML
Aesc, Hama, Paeonia Cream	30G
Arnica Cream	30G
Atrogel Arnica Gel	100ML
Atrogel Arnica Gel	50ML
Calendula Cream	30G
Graphites/Calendula Cream	30G
Higher Nature Citricidal 25ml	25ML
Higher Nature Citricidal 45ml	45ML
Hypericum/Calendula Cream	30G
incognito - anti-mosquito spray	100ML
Neemcare Oil	100ML
Rescue Cream 30ml	30ML
Rivers of Health Colloidal Silver Spray	100ML
Rivers of Health Colloidal Silver Spray	50ML
Roll On Natural Insect Repellent	50ML
Saguna Silicol Gel	200ML
Tea tree Cream	30G
Urtical Cream	30G
Vega Vitamin D Spray 400iu	30ML
Weleda Calendula Spray	20ML
Weleda Cuts& Grazes Skin Salve	25GM
Weleda Digestive Relief	20ML
Aloe Vera Toothpaste	75ML
Environmental Toothbrush Children	BRUSH
Environmental Toothbrush Medium	BRUSH
Geo Organics Charcoal Toothpowder	60ML
Humble Bamboo Interdental Toothbrush	EACH

Lemon Bio-White refill Powder	35G
Medium Toothbrush	1P
Mint & Fluoride Toothpaste	75ML
Mint with Green Tea Toothpaste	75ML
Peppermint Bio-Powder Toothpaste	35G
Soft Toothbrush	1P
Tea Tree Toothpaste	75ML
Urtekram Childrens Toothpaste	75ML
Weleda Calendula Toothpaste	75ML
Weleda Childrens Toothgel	50ML
Weleda Plant Gel Toothpaste	75ML
Weleda Ratanhia ToothpastePromo	75ML
Weleda Salt Toothpaste£1off	75ML
Wild Thyme Mouthwash Tablets	180TABS
Yaweco Vegan Refill Heads Med	4PK
(1/4 case) Lemongrass Lime Shaving Gel/Soap	208ML
After Shave Balm	100ML
Aloe Dent Toothpaste Sensitive	100ML
Aloe Tea Tree - Fennel - Fluoride Free	100ML
Aloe Tea Tree - Mint - Fluoride Free	100ML
Charcoal Whitening	100ML
Children's Strawberry Toothpaste - Fluoride Free	75ML
Children's Toothpaste (strawberry) - fluoride-free	50ML
Epsom Salts	1KG
Fennel with fluoride	100ML
Fluoride Free Baking Soda Mint	100ML
Fluoride Free Fennel	100ML
Fluoride Free Mint	100ML
Herbal Head Lice Solution - vegan	100ML
Mint with fluoride	100ML
Mouthfresh Rinse	300ML
Mouthwash - fluoride-free	250ML
Natural Toothpaste	50ML
Salus Floradix Tablets	84TABS
Salus Floravital Yeast Free 250ml	250ML
Salus Kindervital For Children 250ml	250ML
Shaving Cream	75ML
Weleda Arnica Massage Balm 200	200ML
Weleda Arnica Massage Balm 50	50ML
Weleda Arnica Muscle Soak	200ML

Weleda Moisture Cream for Men	30ML
Whitening Toothpaste - fluoride-free	100ML
Salus Floradix Formula 250	250ML
Salus Floradix Formula 500	500ML
Salus Floravital Yeast Free 500ml	500ML
Billberry and eyebright 90 caps	90 Caps
Green People hydrating aftersun 200ml	200ML
Sarakan 64G	64G
Weleda Massage Balm 100ml	100ML
Hypercium 50ml	50ML

Sweets / Chocolates / Flapjacks

"Cola Bottle" Sweeties	75G
Animal Biscuits	100G
Baby Rice Cakes - Banana	50G
Baby Rice Cakes - Raspberry & Blueberry	50G
Berry Burst - sweeties	75G
Crunchy Slices - Tomato	20G
Crunchy Sticks - Carrot	20G
Crunchy Sweetcorn Rings	20G
Cypressa Broad Beans, Dried and Roasted	150G
Freedom Strawberry Marshmallow	75G
Fruit Lollies - nas	PACK
Gingerbread Men - Ige	135G
Jelly Bears - Tutti Frutti	75G
Jelly Dinos	75G
Jelly Pomegranate Hearts	75G
Liquorice Cuts - in bag	240G
Sour Snakes	75G
Tutti Frutti - Wine Gums	75G
Apple Yoyo Fruit Rolls	20G
Apples & Bananas	120G
Broccoli, Pear & Peas	120G
Mango Yoyo Fruit Rolls	20G
Peaches and Bananas	120G
Pineapple Yoyo Fruit Rolls	20G
Raw Chocolate Pitch Dark Bar - 72%	38G
Salted Vanoffee Hazelnut Bar	38G
Strawberry Yoyo Fruit Rolls	20G
Sweet Potato, Pumpkin, Apple & Blueberry	120G
The Green One - Smoothie Fruit - singles	90G
The Purple One - Smoothie Fruit - singles	90G
The Red One - Smoothie Fruit - singles	90G
The Yellow One - Smoothie Fruit - singles	90G
Vanoffee Bar	38G
VegeBear's Frooty Fruits	100G
VegeBear's Fruit Jellies Original	100G
Buttons Coco Mylk Chocolate 58%	25G
Green Tea & Lemon Chocolate	35G
Ombar Raspberry & Coconut Centre Chocolate	35G
Peanut Butter Truffle Bites	120G

Raw Chocolate Raw Pocket Pie	45G
Rizo	
Smootch	75G
Strawberry Mylk Chocolate	35G
Toffee Original	75G
Vivani ORG Vegan Black Cherry Dark	35G
150g Whole Hazelnut Chocolate Bar	150G
73% Very Dark Chocolate - mini	30G
Bunnycomb Bar	23G
Dark Milk with Butterscotch - mini	30G
LoveRaw Butter Cups- Peanut Butter	34G
LoveRaw- Hazelnut Butter	34G
LoveRaw- Salted Caramel	34G
Mini Moos - Original	20G
Mini Whole Hazelnut Chocolate Bar	65G
Montezuma 100% absolute black chocolate	30G
Smooth Milk Chocolate - mini	30G
Vego Nuts and Berries	
Vivani ORG Vegan WhiteNougat Crisp Hazel	35G
Mini-Liquorice Natural	25G
Mummy Meagz Original Rocky Road	55G
Mummy Meagz Sea Salt & Honeycomb Rocky Road	55G
Peppermint Dental Chewing Gum Pocket Pack (10 gums)	15G
Peppermints - rolls	21G
Rhythm 108 Sweet n salty almond	
RJ's Natural Licorice Log	40G
Smarties Clarana Bunte	125G
Tonys Choclonely	180G
Apricot & Chia Seed Flapjacks	35G
Banana & Hemp Seed Flapjacks	35G
Blue Label Chocolate Coated Sesame Snaps	30G
Blue Label Sesame Snaps	30G
Blue Label Sesame Snaps Coconut	30G
Chocolate Chip Flapjacks	35G
Extra Strong Dental Mints (25 mints)	15G
Hemp Original, Carob & Hemp Seed Bar	40G
Lemon Dental Mints (25 mints)	15G
Peppermint Dental Mints (25 mints)	15G
Cashew Cookie Raw Wholefood Bar	35G

Cocoa Delight Raw Wholefood Bar	35G
Cocoa Orange Raw Wholefood Bar	35G
Ginger Bread Raw Wholefood Bar	35G
Lemon Drizzle	35G
Moo Free Orange chocolate snowmen	32G
Panda Liquorice Bar	32G
Raspberry Liquorice Bar	32G
Berry Burst	55G
Chocolate Builder's Bar	68G
Clif Crunchy Peanut Butter Bar	68G
Cocoa Chaos	55G
Cocoa Coconut Protein Flapjack	50G
Cocoa Oat Protein Flapjack	50G
Peanut Power	55G
White Chocolate Macadamia Bars	68G
Vivani creamy caramel	
Jeavons 68G toffee	
squash, carrot, apple, prune	
RJ's Natural Licorice soft Logs	30G

Chilled

Bio-tiful ORG Kefir LARGE	500ML
Bio-tiful ORG Kefir SMALL	250ML
Natural Pouring Yogurt	500ML
Set Yogurt Strawberry	450ML
Strawberry Yogurt Drink	250ML
Thick & Tasty Yogurt	450ML
Biona ORG/Demeter Kefir	250G
Coyo Natural Coconut Milk Yogurt LARGE	400G
Coyo Natural Coconut Milk Yogurt MEDIUM	250G
Coyo Natural Coconut Milk Yogurt SMALL	125G
Coyo Salted Caramel Coconut Milk Yogurt SMALL	125G
Coyo Strawberry Coconut yogurt	125G
Woodlands ORG LGE Plain SHEEP'S Yogurt	450G
Laurie's ORG Beet Kraut	410G
Laurie's ORG Kimchi Kraut	410G
Biona ORG Energy Mini Burgers	250G
Profusion ORG Raw Fermented Sauerkraut	520G
Profusion ORG Raw Fresh Kimchi	250G
Raw Health ORG Fresh Sauerkraut	410G
Florentin ORG Fresh Falafel	250G
Florentin ORG Tamruc Sweet Falafel	240G
Tideford ORG Fresh Red Miso Unpasteurised	320G
V Bites Ready to Eat Lincs Style Sausages	295G
Tofurky Hickory Smoked Turkey Style Deli Slices	156G
Tofurky Oven Roasted Turkey Style Deli Slices	156G
Tofurky Smoked Ham Style Deli Slices	156G
Viana ORG Real JUMBO Sausages	275G
Calon ORG Extra Mature Cheddar Cheese 200g	200G
Calon Wen ORG Butter Lightly Salted	250G
Calon Wen ORG Butter Unsalted	250G
Lye Cross ORG MATURE Cheddar Cheese	245G
Organic Village ORG Sheep's White Cheese	200G

Sojade Natural Greek Style Yogurt	400G
Sojade ORG Blueberry Bifidus Soya Yogurt LARGE	400G
Sojade ORG Blueberry Soya Yogurt SMALL	125G
Sojade ORG Cherry Bifidus Soya Yogurt LARGE	400G
Sojade ORG Cherry Soya Yogurt SMALL	125G
Sojade ORG LARGE Plain Bifidus Soya Yogurt NAS	400G
Sojade ORG Lemon Bifidus Soya Yogurt LARGE	400G
Sojade ORG Lemon Soya Yogurt SMALL	125G
Sojade ORG Plain Bifidus Soya Yogurt	250G
Sojade ORG Rasp Passion Soya LARGE	400G
Violife Coconut Cheese Block "For Pizza"	200G
Violife Coconut Cheese MOZZA Block "For Pizza"	200G
Violife Coconut Cheese Slices Original	200G
Violife Coconut Cheese Slices Smoked Flavour	200G
Violife Coconut Prosciano Parmesan Block Cheese	235G
Violife Greek White	230G
Clear Spot ORG LARGE Plain Tofu	450G
Clear Spot ORG Plain Tofu	280G
Clear Spot ORG Smoked Tofu	225G
Streaky Rashers 115g	115G
Taifun ORG Tofu Silken Natural	400G
V Bites Chorizo Style Chunks	150G
V Bites Gammon Style Rst.Joint	390G
Follow Your Heart ORG Vegenaïse	340G
Follow Your Heart Original Vegenaïse	340G
Follow Your Heart Soya Free Vegenaïse	340G
Follow Your Heart Sriracha Vegenaïse	340G
Impulse ORG Hemp Tempeh Fresh	200G
Impulse ORG Plain Tempeh Fresh	200G
Impulse ORG Seaweed Tempeh Fresh	200G
Taifun ORG Cocktail Sausages - Mini Wieners	160G
Taifun ORG Tofu Basilico	200G
Taifun ORG Tofu Filets Japanese Style	160G
Taifun ORG Tofu Filets Wild Garlic	160G
Taifun ORG Tofu Rosso	200G
Taifun ORG Tofu Smoked - Beechwood	200G
Taifun ORG Tofu Smoked Almond & Sesame	200G
Taifun ORG Frankfurters (Wieners)	300G
Biona ORG Ex Virgin Olive Oil Margarine	250G

Biona ORG Sunflower Veg Margarine (500g)	500G
Creamy Sheese - Cheddar Style	255G
Creamy Sheese - Chive	255G
Creamy Sheese - Garlic & Herb	255G
Creamy Sheese - Original	255G
Koko Coconut Dairy Free Spread	500G
Naturli ORG Block Vegan Butter GF	200G
Naturli ORG Spreadable Vegan Butter GF	225G
Suma Soya Spread	500G
Suma Sunflower Spread	500G
Suma Sunflower Margarine	2KG

Crisps / Tortilla Chips

Chilli & Lemon Hummus Chips	45G
Chilli & Lemon Hummus Chips - large	135G
Chilli & Lemon Lentil Chips - large	113G
Chilli & Lime Quinoa Chips - small	30G
Family Bag Natural Corn Chips	150G
Paprika Corn Chips	75G
RW Garcia ORG Blue Corn Tortilla Chips	150G
Seaweed crisps cheese	
Seaweed crisps salt and vinegar	
Seaweed crisps salted	
Sour Cream & Chives Quinoa Chips	80G
Sundried Tomato & Roast Garlic Quinoa Chips	80G
Sundried Tomato & Roast Garlic Quinoa Chips - small	30G
Tomato & Basil Hummus Chips - large	135G
Tomato & Basil Lentil Chips - large	113G
Quinoa Corn Puffs	
Amaizin small natural	
Lentil Tom and basil small	
Houmous Toma basil small	
Chilli corn chips	
Chilli & Lemon lentil small	
Sour cream quinoa small	
Quinoa chilli + lime (large)	

Honesty cosmetics

Moisturising lotion	200ML
Cleansing Lotion	200ML
Facial Toner	200ML
Hand Cream	50G
Hair and body shampoo	200ML
Moisturising cream	50G
Eye Gel	
Lip balm	
Apple and rosemary shampoo	
Rose Shower Bath & Gel	
Cleansing Lotion Lav & Ger	
Spicy orange scrub	
Olive body cream	

Bagged goods

Brasil Nuts
Bulgar Wheat
Cocoa nibs
Cashews
Chickpeas
Wholemeal Couscous
Desiccated Coconut
Coconut Flakes
Dates - org/non org
Figs
Brown lentils
French (Puy) Lentils
Green Lentils
Red Lentils
Brown Linseed
Golden Linseed
Millet
Millet Flakes
Muesli Base
Gluten free muesli
Super muesli
Vitality muesli
Mung dhal
Jumbo oats
Rolled oats
Pumpkin seeds
Quinoa flakes
Quinoa

Red quinoa
Raisins
Brown rice flakes
Brown basmati rice
White basmati
Long grain rice
Brown short grain rice

Light granulated sugar
Sultanas
Sunflower seeds
Walnut halves
Walnut pieces

Brown basmati rice
Almonds - org / non org
Flaked Almonds - non org
Almonds Ground – non org
Brazils
Cashews - org / non org
Pumpkin seeds - org / non org
Sunflower seeds - org / non org
Apricots - org / non org
Dates
Ginger
Goji berries - non org
Raisins